



2024 NSC Squad April Holiday Time Table



	High Performance	Open Performance	Age Performance	National Open	National Youth	Age Squad	
Friday, 29 March 2024		6:30-9:00am Tintern		6:30-9:00am Tintern	Good Friday		
Saturday, 30 March 2024	6:00-8:00am MSAC	5:30-9:00am Nuna Swim & Gym	4:45-8:00am Nuna Swim & Gym	5:30-9:00am Nuna Swim & Gym	EASTER SATURDAY		
Sunday, 31 March 2024						Age / Youth / Nugent National Swimmers	
Monday, 1 April 2024	6:00-9:00am MSAC Swim & Gym	5:30-9:00am Nuna Swim & Gym	4:45-7:00 Nuna Swim & Gym	5:30-8:00am Nuna	HOLIDAYS		
	3:00-5:00pm MSAC	3:00-5:30 Nuna	5:00-7:30pm Nuna	4:15-6:45pm Burwood		4:30-6:45pm Burwood	
Tuesday, 2 April 2024	6:00-8:00am VIS	5:30-8:00am Nuna		5:30-9:00am Nuna Swim & Gym			
	3:00-5:00pm MSAC		4:15-6:45pm Burwood	3:00-5:30pm Nuna		4:30-7:00pm Nuna Gym & Swim	
Wednesday, 3 April 2024	6:00-9:00am MSAC Swim & Gym @ VIS	5:30-8:00am Nuna Swim & Gym	4:45-7:00am Nuna				
		4:15-6:45 Burwood		3:00-5:30pm Nuna		5:00-7:00pm Nuna	
Thursday, 4 April 2024			4:45-7:00 Nuna	5:30-9:00am Nuna Swim & Gym			
	3:00-5:00pm MSAC	4:15-6:45pm Burwood				3:15-4:30pm Nuna	
Friday, 5 April 2024	6:00-9:00am Nuna Swim & Gym	5:30-8:00am Nuna Swim & Gym				4:45-7:00 Nuna Swim & Gym	
	3:00-5:00pm MSAC	3:00-5:30pm Nuna	3:30-7:00pm Nuna Gym & Swim	3:00-5:30pm Nuna			
Saturday, 6 April 2024	6:00-8:00am MSAC	5:30-8:00am Nuna	5:30-8:00am Nuna	5:30-9:00am Nuna Swim & Gym		5:30-8:00am Nuna	
Sunday, 7 April 2024			TRAVEL	TRAVEL			
Monday, 8 April 2024		5:30-9:00am Nuna Swim & Gym	AGE NATIONALS GOLD COAST	AGE NATIONALS GOLD COAST			
Tuesday, 9 April 2024		3:00-5:30 Nuna					
Wednesday, 10 April 2024		5:30-8:00am Nuna					
Thursday, 11 April 2024	HP CAMP GOLD COAST	5:30-9:00am Nuna Swim & Gym					
Friday, 12 April 2024		3:00-5:30 Nuna					
Saturday, 13 April 2024		5:30-8:00am Nuna Swim & Gym					
Sunday, 14 April 2024							
Monday, 15 April 2024		TRAVEL					
Tuesday, 16 April 2024							
Wednesday, 17 April 2024							HOLIDAYS
Thursday, 18 April 2024	OPEN NATIONALS GOLD COAST	OPEN NATIONALS GOLD COAST					
Friday, 19 April 2024							
Saturday, 20 April 2024							