



### **Spot the health stars!**

The new health star rating does for food what the energy rating does for fridges and washing machines. It helps you to identify the best product in that category on the spot. You'll see the stars on the front of food packaging in a scale that reflects the foods overall nutritional profile.

The rating can be anywhere between half a star to five stars, determined using a calculator, driven by an algorithm, developed in consultation with Food Standards Australia and New Zealand. The higher the star rating equals the healthier the food product.

At this stage, the star rating is completely voluntary, so you're more likely to see this rating on the healthier products, who want to promote their product as being a good option. For more information go to [www.healthstarrating.gov.au](http://www.healthstarrating.gov.au)

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