

## NUNAWADING SWIMMING CLUB RECORDS

Male Longcourse Records - All Pools								
SEX	AGE	DISTANCE	STROKE	FIRSTNAME	SURNAME	TIME	PLACE	DATE
M	8/U	50m	Backstroke	Christopher	Lavender	00:40.64	Nunawading	28/08/1994
M	9/10	50m	Backstroke	Nicholas	Groenewald	00:34.33	MSAC	21/04/2008
M	11/12	50m	Backstroke	Nicholas	Groenewald	00:28.91	Sydney	7/04/2010
M	13/14	50m	Backstroke	Nicholas	Groenewald	00:27.67	MSAC	11/02/2012
M	15/16	50m	Backstroke	Chris	Kirby	00:27.04	Brisbane	18/03/2002
M	17/18	50m	Backstroke	Andrew	Rice	00:26.11	Brisbane	13/04/2017
M	OPEN	50m	Backstroke	Ashley	Delaney	00:24.81	Sydney	18/03/2009
M	8/U	100m	Backstroke	Nicholas	Groenewald	01:36.52	MSAC	10/12/2005
M	9/10	100m	Backstroke	Nicholas	Groenewald	01:12.85	MSAC	7/01/2008
M	11/12	100m	Backstroke	Nicholas	Groenewald	01:00.57	Sydney	10/04/2010
M	13/14	100m	Backstroke	Nicholas	Groenewald	00:57.56	Brisbane	13/04/2012
M	15/16	100m	Backstroke	Nicholas	Groenewald	00:56.38	Brisbane	1/04/2014
M	17/18	100m	Backstroke	Nicholas	Groenewald	00:55.78	Adelaide	8/04/2016
M	OPEN	100m	Backstroke	Ashley	Delaney	00:53.10	Italy	31/07/2009
M	8/U	200m	Backstroke	Ben	Willison	03:30.38	Nunawading	16/10/1994
M	9/10	200m	Backstroke	Teodor	Bjelica	02:38.54	MSAC	15/12/2010
M	11/12	200m	Backstroke	Nicholas	Groenewald	02:12.20	Sydney	7/04/2010
M	13/14	200m	Backstroke	Nicholas	Groenewald	02:05.36	Brisbane	10/04/2012
M	15/16	200m	Backstroke	Nicholas	Groenewald	02:01.81	Brisbane	5/04/2014
M	17/18	200m	Backstroke	Nicholas	Groenewald	02:00.22	Adelaide	11/04/2016
M	OPEN	200m	Backstroke	Ashley	Delaney	01:55.82	Sydney	19/03/2009
M	8/U	50m	Breaststroke	Edward	Lim	00:44.94	MSAC	7/04/2003
M	9/10	50m	Breaststroke	Timothy	Goukov	00:39.27	MSAC	1/12/2005
M	11/12	50m	Breaststroke	Jason	Li	00:32.76	Sydney	24/09/1997
M	13/14	50m	Breaststroke	Jason	Li	00:30.46	MSAC	6/02/1999
M	15/16	50m	Breaststroke	Ryan	Bicknell	00:30.70	MSAC	20/03/2017
M	17/18	50m	Breaststroke	Jack	Laidler	00:29.78	Sydney	18/03/2009
M	OPEN	50m	Breaststroke	Max	Ireland	00:27.90	Adelaide	29/04/2013
M	8/U	100m	Breaststroke	Harry	Heath	01:45.59	Nunawading	27/05/2017
M	9/10	100m	Breaststroke	Jason	Li	01:21.29	Canberra	4/11/1995
M	11/12	100m	Breaststroke	Jason	Li	01:11.69	Sydney	25/09/1997
M	13/14	100m	Breaststroke	Ryan	Bicknell	01:06.41	Adelaide	31/03/2016
M	15/16	100m	Breaststroke	Ryan	Bicknell	01:05.38	Brisbane	18/04/2017
M	17/18	100m	Breaststroke	Jack	Laidler	01:03.60	Sydney	19/03/2009
M	OPEN	100m	Breaststroke	Max	Ireland	01:01.76	Adelaide	26/04/2013
M	8/U	200m	Breaststroke	Gary	Barclay	03:48.30	Nunawading	22/02/1976
M	9/10	200m	Breaststroke	Nicholas	Groenewald	03:09.29	MSAC	7/01/2008
M	11/12	200m	Breaststroke	Nicholas	Groenewald	02:34.74	Sydney	5/04/2010
M	13/14	200m	Breaststroke	Ryan	Bicknell	02:23.36	Adelaide	2/04/2016
M	15/16	200m	Breaststroke	Ryan	Bicknell	02:21.31	Brisbane	20/04/2017
M	17/18	200m	Breaststroke	Liam	Fisk	02:20.90	Sydney	16/04/2014
M	OPEN	200m	Breaststroke	Rodney	Lawson	02:15.50	Spain	29/07/1992
M	8/U	50m	Butterfly	Ric	Shen	00:39.39	MSAC	06/14/2016
M	9/10	50m	Butterfly	Teodor	Bjelica	00:33.11	MSAC	13/02/2011
M	11/12	50m	Butterfly	Nicholas	Groenewald	00:28.17	MSAC	14/02/2010
M	13/14	50m	Butterfly	Nicholas	Groenewald	00:26.14	MSAC	11/02/2012
M	15/16	50m	Butterfly	Chris	Kirby	00:25.98	MSAC	9/02/2003
M	17/18	50m	Butterfly	Bowen	Gough	00:24.80	Brisbane	10/04/2017
M	OPEN	50m	Butterfly	Matt	Targett	00:23.20	Adelaide	27/04/2013
M	8/U	100m	Butterfly	Ric	Shen	01:40.64	MSAC	15/10/2016
M	9/10	100m	Butterfly	Teodor	Bjelica	01:15.39	MSAC	15/12/2010
M	11/12	100m	Butterfly	Nicholas	Groenewald	01:02.69	MSAC	19/12/2009
M	13/14	100m	Butterfly	Nicholas	Groenewald	00:57.54	Brisbane	9/04/2012
M	15/16	100m	Butterfly	Bowen	Gough	00:55.20	Sydney	17/04/2015
M	17/18	100m	Butterfly	Bowen	Gough	00:53.48	Brisbane	19/04/2017
M	OPEN	100m	Butterfly	Michael	Klim	00:53.45	Adelaide	20/03/2012

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M	8/U	200m	Butterfly			nil		
M	9/10	200m	Butterfly	Teodor	Bjelica	02:45.50	MSAC	15/12/2010
M	11/12	200m	Butterfly	Nicholas	Groenewald	02:18.66	MSAC	9/01/2010
M	13/14	200m	Butterfly	Llewellyn	Little	02:10.67	Perth	12/04/2007
M	15/16	200m	Butterfly	Bowen	Gough	02:01.20	Sydney	13/04/2015
M	17/18	200m	Butterfly	Bowen	Gough	01:59.96	MSAC	15/12/2016
M	OPEN	200m	Butterfly	Bowen	Gough	01:59.20	New York	2/08/2017
M	8/U	50m	Freestyle	Edward	Lim	00:34.51	MSAC	7/04/2003
M	9/10	50m	Freestyle	Mark	Rauter	00:30.34	Darwin	6/04/1992
M	11/12	50m	Freestyle	Nicholas	Groenewald	00:26.63	MSAC	19/12/2009
M	13/14	50m	Freestyle	Chris	Kirby	00:24.73	MSAC	2/01/2001
M	15/16	50m	Freestyle	Chris	Kirby	00:23.97	MSAC	3/01/2002
M	17/18	50m	Freestyle	Caiden	Gill	00:23.07	Brisbane	16/04/2017
M	OPEN	50m	Freestyle	Matt	Targett	00:21.92	Adelaide	1/05/2013
M	8/U	100m	Freestyle	Darren	Mann	01:20.48	Nunawading	12/08/1984
M	9/10	100m	Freestyle	Teodor	Bjelica	01:05.61	MSAC	15/12/2010
M	11/12	100m	Freestyle	Nicholas	Groenewald	00:57.83	Tasmania	6/03/2010
M	13/14	100m	Freestyle	Jack	Currie	00:53.70	MSAC	15/12/2010
M	15/16	100m	Freestyle	Jack	Currie	00:52.30	Adelaide	19/04/2011
M	17/18	100m	Freestyle	Caiden	Gill	00:51.25	Brisbane	12/04/2017
M	OPEN	100m	Freestyle	Matt	Targett	00:48.58	Adelaide	30/04/2013
M	8/U	200m	Freestyle	Ric	Shen	03:04.19	MSAC	27/11/2016
M	9/10	200m	Freestyle	Teodor	Bjelica	02:24.23	MSAC	15/12/2010
M	11/12	200m	Freestyle	Nicholas	Groenewald	02:04.05	MSAC	7/01/2010
M	13/14	200m	Freestyle	Nicholas	Groenewald	1:57.94	Adelaide	18/04/2011
M	15/16	200m	Freestyle	Ryan	Pinchbeck	01:54.72	MSAC	17/12/2013
M	17/18	200m	Freestyle	Caiden	Gill	01:52.28	Brisbane	10/04/2017
M	OPEN	200m	Freestyle	Ashley	Delaney	01:49.10	USA	12/06/2009
M	8/U	400m	Freestyle	Gary	Barclay	06:38.60	Nunawading	29/02/1976
M	9/10	400m	Freestyle	Ernest	Chow	05:13.52	MSAC	1/12/2013
M	11/12	400m	Freestyle	Nicholas	Groenewald	04:22.77	MSAC	9/01/2010
M	13/14	400m	Freestyle	Ryan	Bicknell	04:18.01	MSAC	15/12/2015
M	15/16	400m	Freestyle	Brendon	Smith	04:00.07	Sydney	3/03/2017
M	17/18	400m	Freestyle	Michael	Forno	04:02.36	Adelaide	18/04/2011
M	OPEN	400m	Freestyle	Shane	Asbury	03:55.18	Sydney	1/04/2011
M	8/U	800m	Freestyle	Gary	Barclay	14:42.10	Nunawading	16/03/1975
M	9/10	800m	Freestyle	Alex	Harriss	11:31.06	Albury	15/11/2003
M	11/12	800m	Freestyle	Sam	Sheppard	09:28.54	MSAC	?/12/2003
M	13/14	800m	Freestyle	Sam	Sheppard	08:48.25	MSAC	15/10/2005
M	15/16	800m	Freestyle	Sam	Sheppard	08:35.63	MSAC	6/01/2008
M	17/18	800m	Freestyle	Sam	Sheppard	08:22.56	MSAC	7/12/2008
M	OPEN	800m	Freestyle	Shane	Asbury	08:12.23	Sydney	4/04/2011
M	8/U	1500m	Freestyle			nil		
M	9/10	1500m	Freestyle	Alex	Harriss	22:06.39	MSAC	11/10/2003
M	11/12	1500m	Freestyle	Sam	Sheppard	17:52.72	MSAC	?/12/2003
M	13/14	1500m	Freestyle	Sam	Sheppard	16:39.07	MSAC	15/10/2005
M	15/16	1500m	Freestyle	Sam	Sheppard	16:17.86	MSAC	8/01/2008
M	17/18	1500m	Freestyle	Sam	Sheppard	15:51.15	Sydney	13/02/2009
M	OPEN	1500m	Freestyle	Shane	Asbury	15:36.87	Brisbane	6/04/2014
M	8/U	200m	Ind. Medley	Ric	Shen	03:31.71	MSAC	15/10/2016
M	9/10	200m	Ind. Medley	Mark	Rauter	02:33.80	State Swim Centre	16/02/1992
M	11/12	200m	Ind. Medley	Nicholas	Groenewald	02:12.11	Sydney	6/04/2010
M	13/14	200m	Ind. Medley	Nicholas	Groenewald	02:06.01	Brisbane	9/04/2012
M	15/16	200m	Ind. Medley	Nicholas	Groenewald	02:04.64	Brisbane	5/04/2014
M	17/18	200m	Ind. Medley	Nicholas	Groenewald	02:03.38	Sydney	6/04/2015
M	OPEN	200m	Ind. Medley	Travis	Mahoney	01:59.41	San Antonio	6/08/2015
M	8/U	400m	Ind. Medley			nil		
M	9/10	400m	Ind. Medley	Timothy	Gousov	06:04.63	MSAC	10/12/2005
M	11/12	400m	Ind. Medley	Nicholas	Groenewald	04:58.55	MSAC	8/11/2009
M	13/14	400m	Ind. Medley	Nicholas	Groenewald	04:33.27	Adelaide	15/03/2012
M	15/16	400m	Ind. Medley	Nicholas	Groenewald	04:31.04	Adelaide	3/05/2013
M	17/18	400m	Ind. Medley	Liam	Fisk	04:30.72	MSAC	15/12/2013
M	OPEN	400m	Ind. Medley	Travis	Mahoney	04:13.37	Rio	7/08/2016