



Term 2 Squad Timetable 2024

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
High Performance	AM	6:00-9:00 Swim & Gym MSAC	6:00-8:00 VIS	6:00-9:00 Swim & Gym MSAC / VIS	6:00-8:00 VIS	6:00-9:00 Swim & Gym Nuna	6:00-8:00 MSAC
	PM	3:00-5:00 MSAC	3:00-5:00 MSAC		3:00-5:00 MSAC	3:00-5:00 MSAC	

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Performance	AM	4:45-8:00 Swim & Gym Nuna	5:30-8:00 Swim Nuna	4:45-8:00 Swim & Gym Nuna		4:45-8:00 Swim & Gym Nuna	5:30-8:00 Swim Nuna
	PM	4:00-6:30 Tintern		4:15-6:45 Burwood	4:00-6:30 Tintern	4:00-6:30 Boroondara	

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Age Performance	AM	4:45-7:00 Tintern		4:45-7:00 Nuna		4:45-7:00 Tintern	4:45-8:00 Swim & Gym Nuna
	PM	5:00-7:30 Gym & Swim Nuna	4:30-7:00 Tintern		4:30-6:45 Burwood		

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Open	AM	4:45-7:00 Nuna			4:45-8:00 Swim & Gym Nuna	4:45-7:00 Tintern	5:30-9:00 Swim & Gym Nuna
	PM	4:15-6:45 Burwood	5:00-7:30 Gym & Swim Nuna	4:15-6:45 Tintern		4:00-6:30 Boroondara	

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Youth	AM	4:45-7:00 Swim & Gym Nuna	4:45-7:00 Tintern		4:45-7:00 Nuna		4:45-7:00 Tintern
	PM		4:30-6:45 Burwood	5:30-7:30 Wesley		5:00-7:30 Gym & Swim Nuna	

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Age Development	AM		4:45-7:00 Swim & Gym	4:45-7:00 Tintern			6:45-9:00 Tintern
	PM	4:45-6:30 Wesley			5:15-7:30 Wesley	4:15-6:30 Tintern	

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Junior Talent Squad	AM	5:15-7:00 Tintern			5:15-7:00 Tintern		5:45-8:00 Wesley
	PM		4:45-7:00 Wesley	5:00-7:30 Gym & Swim Nuna			



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		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nugent Squad	AM		4:45-7:00 Tintern			4:45-7:00 Swim & Gym Nuna	4:45-7:00 Tintern
	PM	6:15-7:30 Wesley		6:00-7:45 Tintern			

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Smith Squad	AM			4:45-7:00 Tintern			5:45-7:30 Wesley
	PM	6:30-8:30 Nuna Gym & Swim			5:45-7:30 Tintern	4:45-7:00 Wesley	

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Woodhouse Squad	AM				5:15-7:00 Tintern		7:45-9:00 Wesley
	PM	6:30-8:00 Burwood	7:00-8:30 Nuna Gym & Swim			5:15-7:30 Tintern	

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Barclay Squad	AM		5:45-7:30 Nuna (LP)			5:45-7:30 Nuna (LP)	7:45-9:30 Wesley
	PM	6:00-7:45 Tintern		6:30-8:00 Burwood	5:30-7:30 Gym & Swim Nuna		

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hanson Squad	AM						7:00-8:15 Tintern
	PM	6:15-7:30 Nuna (LP)		4:30-5:45 Wesley	6:15-7:30 Nuna (LP)		

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Teen Fit	AM						
	PM	6:30-7:30 Tintern	7:00-8:00 Tintern		7:30-8:30 Nuna		

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Age Fit	AM						
	PM		7:00-8:00pm Tintern	7:30-8:30 Nuna		6:00-7:00 Wesley	