



# MALE LONG COURSE RECORDS



AGE	DISTANCE	STROKE	FIRST NAME	SURNAME	TIME	LOCATION	DATE
8/U	50m	Backstroke	Christopher	Lavender	00:40.64	Nunawading	28/08/1994
9/10	50m	Backstroke	Nicholas	Groenewald	00:34.33	MSAC	21/04/2008
11/12	50m	Backstroke	Nicholas	Groenewald	00:28.91	Sydney	7/04/2010
13/14	50m	Backstroke	Yanning	Zhang	00:27.48	Adelaide	15/04/2019
15/16	50m	Backstroke	Chris	Kirby	00:27.04	Brisbane	18/03/2002
17/18	50m	Backstroke	Andrew	Rice	00:26.11	Brisbane	13/04/2017
OPEN	50m	Backstroke	Ashley	Delaney	00:24.81	Sydney	18/03/2009
8/U	100m	Backstroke	Nicholas	Groenewald	01:36.52	MSAC	10/12/2005
9/10	100m	Backstroke	Nicholas	Groenewald	01:12.85	MSAC	7/01/2008
11/12	100m	Backstroke	Nicholas	Groenewald	01:00.57	Sydney	10/04/2010
13/14	100m	Backstroke	Nicholas	Groenewald	00:57.56	Brisbane	13/04/2012
15/16	100m	Backstroke	Nicholas	Groenewald	00:56.38	Brisbane	1/04/2014
17/18	100m	Backstroke	Nicholas	Groenewald	00:55.78	Adelaide	8/04/2016
OPEN	100m	Backstroke	Ashley	Delaney	00:53.10	Italy	31/07/2009
8/U	200m	Backstroke	Ben	Willison	03:30.38	Nunawading	16/10/1994
9/10	200m	Backstroke	Teodor	Bjelica	02:38.54	MSAC	15/12/2010
11/12	200m	Backstroke	Nicholas	Groenewald	02:12.20	Sydney	7/04/2010
13/14	200m	Backstroke	Nicholas	Groenewald	02:05.36	Brisbane	10/04/2012
15/16	200m	Backstroke	Nicholas	Groenewald	02:01.81	Brisbane	5/04/2014
17/18	200m	Backstroke	Nicholas	Groenewald	02:00.22	Adelaide	11/04/2016
OPEN	200m	Backstroke	Ashley	Delaney	01:55.82	Sydney	19/03/2009
8/U	50m	Breaststroke	Edward	Lim	00:44.94	MSAC	7/04/2003
9/10	50m	Breaststroke	Timothy	Gousov	00:39.27	MSAC	1/12/2005
11/12	50m	Breaststroke	Jason	Li	00:32.76	Sydney	24/09/1997
13/14	50m	Breaststroke	Jason	Li	00:30.46	MSAC	6/02/1999
15/16	50m	Breaststroke	Ryan	Bicknell	00:30.16	Adelaide	8/12/2017
17/18	50m	Breaststroke	Lachlan	Chan	00:28.70	Gold Coast	12/04/2024
OPEN	50m	Breaststroke	Max	Ireland	00:27.90	Adelaide	29/04/2013
8/U	100m	Breaststroke	Harry	Heath	01:45.59	Nunawading	27/05/2017
9/10	100m	Breaststroke	Jason	Li	01:21.29	Canberra	4/11/1995
11/12	100m	Breaststroke	Jason	Li	01:11.69	Sydney	25/09/1997
13/14	100m	Breaststroke	William	Petric	01:05.55	Adelaide	18/04/2019
15/16	100m	Breaststroke	William	Petric	01:02.76	Gold Coast	8/04/2021
17/18	100m	Breaststroke	William	Petric	01:02.46	Gold Coast	17/04/2023
OPEN	100m	Breaststroke	William	Petric	01:01.37	Gold Coast	17/04/2024
8/U	200m	Breaststroke	Gary	Barclay	03:48.30	Nunawading	22/02/1976
9/10	200m	Breaststroke	Nicholas	Groenewald	03:09.29	MSAC	7/01/2008
11/12	200m	Breaststroke	Nicholas	Groenewald	02:34.74	Sydney	5/04/2010
13/14	200m	Breaststroke	William	Petric	02:19.73	Adelaide	20/04/2019
15/16	200m	Breaststroke	William	Petric	02:13.96	Gold Coast	10/04/2021
17/18	200m	Breaststroke	William	Petric	02:13.80	MSAC	17/06/2023
OPEN	200m	Breaststroke	William	Petric	02:12.51	Gold Coast	10/12/2023
8/U	50m	Butterfly	Ric	Shen	00:39.39	MSAC	06/14/2016

9/10	50m	Butterfly	Oscar	Magalotti	00:32.33	MSAC	15/01/2022
11/12	50m	Butterfly	Nicholas	Groenewald	00:28.17	MSAC	14/02/2010
13/14	50m	Butterfly	Nicholas	Groenewald	00:26.14	MSAC	11/02/2012
AGE	DISTANCE	STROKE	FIRST NAME	SURNAME	TIME	LOCATION	DATE
15/16	50m	Butterfly	Harry	Heath	00:25.83	Hobart	11/03/2024
17/18	50m	Butterfly	Yanning	Zhang	00:24.37	Gold Coast	10/04/2023
OPEN	50m	Butterfly	Matt	Targett	00:23.20	Adelaide	27/04/2013
8/U	100m	Butterfly	Ric	Shen	01:40.64	MSAC	15/10/2016
9/10	100m	Butterfly	Oscar	Magalotti	01:12.53	MSAC	23/01/2022
11/12	100m	Butterfly	Nicholas	Groenewald	01:02.69	MSAC	19/12/2009
13/14	100m	Butterfly	Nicholas	Groenewald	00:57.54	Brisbane	9/04/2012
15/16	100m	Butterfly	Bowen	Gough	00:55.20	Sydney	17/04/2015
17/18	100m	Butterfly	Matthew	Temple	00:52.58	Sydney	24/04/2018
OPEN	100m	Butterfly	Matthew	Temple	00:50.45	Adelaide	17/06/2021
8/U	200m	Butterfly			nil		
9/10	200m	Butterfly	Teodor	Bjelica	02:45.50	MSAC	15/12/2010
11/12	200m	Butterfly	Nicholas	Groenewald	02:18.66	MSAC	9/01/2010
13/14	200m	Butterfly	Evan	Chee	02:07.21	MSAC	18/12/2019
15/16	200m	Butterfly	Bowen	Gough	02:01.20	Sydney	13/04/2015
17/18	200m	Butterfly	Matthew	Temple	01:59.58	Sydney	26/04/2018
OPEN	200m	Butterfly	Matthew	Temple	01:55.25	Adelaide	14/06/2021
8/U	50m	Freestyle	Edward	Lim	00:34.51	MSAC	7/04/2003
9/10	50m	Freestyle	Mark	Rauter	00:30.34	Darwin	6/04/1992
11/12	50m	Freestyle	Nicholas	Groenewald	00:26.63	MSAC	19/12/2009
13/14	50m	Freestyle	Yanning	Zhang	00:24.57	Adelaide	18/04/2019
15/16	50m	Freestyle	Alex	Kirchner	00:23.70	Adelaide	16/04/2019
17/18	50m	Freestyle	Caiden	Gill	00:23.07	Brisbane	16/04/2017
OPEN	50m	Freestyle	Matt	Targett	00:21.92	Adelaide	1/05/2013
8/U	100m	Freestyle	Darren	Mann	01:20.48	Nunawading	12/08/1984
9/10	100m	Freestyle	Teodor	Bjelica	01:05.61	MSAC	15/12/2010
11/12	100m	Freestyle	Nicholas	Groenewald	00:57.83	Tasmania	6/03/2010
13/14	100m	Freestyle	Jack	Currie	00:53.70	MSAC	15/12/2010
15/16	100m	Freestyle	Alex	Kirchner	00:51.72	Adelaide	15/04/2019
17/18	100m	Freestyle	Matthew	Temple	00:50.19	Sydney	22/04/2018
OPEN	100m	Freestyle	Matthew	Temple	00:48.07	Tokyo	24/07/2021
8/U	200m	Freestyle	Ric	Shen	03:04.19	MSAC	27/11/2016
9/10	200m	Freestyle	Teodor	Bjelica	02:24.23	MSAC	15/12/2010
11/12	200m	Freestyle	Nicholas	Groenewald	02:04.05	MSAC	7/01/2010
13/14	200m	Freestyle	Evan	Chee	01:55.50	MSAC	17/12/2019
15/16	200m	Freestyle	Ryan	Pinchbeck	01:54.72	MSAC	17/12/2013
17/18	200m	Freestyle	Matthew	Temple	01:50.16	Sydney	23/04/2018
OPEN	200m	Freestyle	Matthew	Temple	01:47.43	Adelaide	13/06/2021
8/U	400m	Freestyle	Gary	Barclay	06:38.60	Nunawading	29/02/1976
9/10	400m	Freestyle	Ernest	Chow	05:13.52	MSAC	1/12/2013
11/12	400m	Freestyle	Nicholas	Groenewald	04:22.77	MSAC	9/01/2010
13/14	400m	Freestyle	Evan	Chee	04:06.75	MSAC	18/12/2019
15/16	400m	Freestyle	Brendon	Smith	04:00.07	Sydney	3/03/2017

17/18	400m	Freestyle	Brendon	Smith	03:52.15	Adelaide	7/04/2019
OPEN	400m	Freestyle	Brendon	Smith	03:51.04	Gold Coast	17/04/2021
8/U	800m	Freestyle	Gary	Barclay	14:42.10	Nunawading	16/03/1975
9/10	800m	Freestyle	Tharwin	Prarom	11:11.60	Nunawading	26/10/2019
11/12	800m	Freestyle	Sam	Sheppard	09:28.54	MSAC	1/12/2003
13/14	800m	Freestyle	Evan	Chee	08:32.37	MSAC	19/12/2019
AGE	DISTANCE	STROKE	FIRST NAME	SURNAME	TIME	LOCATION	DATE
15/16	800m	Freestyle	William	Petric	08:32.10	MSAC	19/12/2019
17/18	800m	Freestyle	Brendon	Smith	08:09.69	Suva, Fiji	26/08/2018
OPEN	800m	Freestyle	Elliot	Rogerson	07:59.55	Adelaide	14/06/2021
8/U	1500m	Freestyle			nil		
9/10	1500m	Freestyle	Alex	Harriss	22:06.39	MSAC	11/10/2003
11/12	1500m	Freestyle	Sam	Sheppard	17:52.72	MSAC	1/12/2003
13/14	1500m	Freestyle	Sam	Sheppard	16:39.07	MSAC	15/10/2005
15/16	1500m	Freestyle	Sam	Sheppard	16:17.86	MSAC	8/01/2008
17/18	1500m	Freestyle	Brendon	Smith	15:45.40	Sydney	25/04/2018
OPEN	1500m	Freestyle	Brendon	Smith	15:20.01	Adelaide	17/06/2021
8/U	200m	Ind. Medley	Ric	Shen	03:31.71	MSAC	15/10/2016
9/10	200m	Ind. Medley	Mark	Rauter	02:33.80	State Swim Centre	16/02/1992
11/12	200m	Ind. Medley	Nicholas	Groenewald	02:12.11	Sydney	6/04/2010
13/14	200m	Ind. Medley	Nicholas	Groenewald	02:06.01	Brisbane	9/04/2012
15/16	200m	Ind. Medley	William	Petric	02:00.77	Sydney	3/05/2022
17/18	200m	Ind. Medley	William	Petric	01:59.29	MSAC	16/06/2023
OPEN	200m	Ind. Medley	William	Petric	01:58.05	Sydney	9/05/2024
8/U	400m	Ind. Medley			nil		
9/10	400m	Ind. Medley	Timothy	Gousskov	06:04.63	MSAC	10/12/2005
11/12	400m	Ind. Medley	Nicholas	Groenewald	04:58.55	MSAC	8/11/2009
13/14	400m	Ind. Medley	Nicholas	Groenewald	04:33:27	Adelaide	15/03/2012
15/16	400m	Ind. Medley	William	Petric	04:23.38	Gold Coast	4/09/2021
17/18	400m	Ind. Medley	Brendon	Smith	04:14.91	Adelaide	10/04/2019
OPEN	400m	Ind. Medley	Brendon	Smith	04:09.27	Tokyo	26/07/2021